



November 2023

Etoile Academy Cold Breakfast K-8

		01 Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Orange Apple Juice	02 Breakfast Entree English Muffin + Jelly Fruit Banana Apple Juice	03 Breakfast Entree Blueberry Muffin Top Fruit Grapes Apple Juice
06 Breakfast Entree Trix Cereal Fruit Diced Peaches Apple Juice	07 Breakfast Entree Frosted Flakes Fruit Pears Apple Juice	08 Breakfast Entree Croissant + Jelly Fruit Orange Apple Juice	09 Breakfast Entree Strawberry Pop Tart Fruit Banana Apple Juice	10 Breakfast Entree Mini Cinnamon Rolls Fruit Grapes Apple Juice
13 Breakfast Entree Frosted Flakes Fruit Diced Peaches Grape Juice	14 Breakfast Entree Mini Bagels w/ Strawberry Cream Cheese Fruit Pears Grape Juice	15 Breakfast Entree Banana Bread Fruit Orange Grape Juice	16 Breakfast Entree Honey Cheerios Fruit Banana Grape Juice	17 Breakfast Entree Banana Chocolate Chip Breakfast Oatmeal Round Fruit Grapes Grape Juice
20	21	22	23	24
27	28 Breakfast Entree Apple Cinnamon Cheerios Fruit Peaches Fiesta Raisins	29 Breakfast Entree Honey Cheerios Fruit Orange Apple Juice	30 Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Banana Apple Juice	

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.



November 2023

Etoile Academy Lunch K-8 Pre-Pack Etoile

		Lunch Entree Ground Beef & Cheese Walking Taco Vegetables Pinto Beans Broccoli Fruit Applesauce	01 Lunch Entree Korean BBQ Chicken Drumstick Vegetables Sautéed Corn & Peppers Sautéed Spinach Fruit Diced Peaches Grains Blended Rice	02 Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Broccoli Florets Fruit Apple Juice	03
06 Lunch Entree Fiesta Burger Vegetables Tater Tots Fruit Craisins	07 Lunch Entree NEW!!! Beef & Broccoli over Rice Vegetables Broccoli Corn Fruit Orange	08 Lunch Entree Spaghetti & Meatballs Vegetables Baby Carrots Green Beans Fruit Applesauce Condiments Ranch Packet	09 Lunch Entree Chicken & Cheese Taco Vegetables Pinto Beans Corn Fruit Diced Peaches	10 Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Broccoli Florets Fruit Craisins Condiments Ranch Packet	
13 Lunch Entree Turkey Hot Dog Vegetables Crinkle Cut Fries Fruit Craisins	14 Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Sweet Potato Fries Broccoli & Cheese Fruit Orange	15 Lunch Entree Grilled Cheese Vegetables Pinto Beans Sugar Snap Peas Fruit Applesauce	16 Lunch Entree Roast Turkey & Gravy Vegetables Mashed Potatoes Green Beans Fruit Rockin Rio Local Texas Grapefruit Juice Grains Dinner Roll Cornbread Stuffing	17 Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Broccoli Florets Fruit Craisins Misc. String Cheese	
20	21	22	23	24	
27 Lunch Entree Beef Tamales + Queso Dip Vegetables Pinto Beans Green Beans Fruit Orange	28 Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Applesauce	29 Lunch Entree Oven Fried Chicken Drumstick Vegetables Parmesan Diced Carrots Breaded Okra Fruit Diced Peaches	30		

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November 2023

Etoile Academy
Supper 6-18yr

		Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Condiments Ranch Packet	01	Lunch Entree Wowbutter & Jelly Sandwich Vegetables Baby Carrots Fruit Sour Strawberry Raisins Misc. String Cheese Condiments Ranch Packet	02		
Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Apple Crisps Misc. String Cheese Condiments Ranch Packet	06	Lunch Entree Peach Smoothie + Cinnamon Toast Crunch Cereal Bar Vegetables Baby Carrots Misc. String Cheese Condiments Ranch Packet	07	Lunch Entree Sunflower Seeds, Yogurt and Cheddar Crackers Vegetables Baby Carrots Fruit Red Apple Condiments Ranch Packet	08	Lunch Entree Parmesan Garlic Chicken Roll-up Vegetables Baby Carrots Fruit Sour Strawberry Raisins Condiments Ranch Packet	09
Lunch Entree Fritos & Bean Dip Vegetables Baby Carrots Fruit Apple Crisps Misc. String Cheese Ranch	13	Lunch Entree Supper Box: Yogurt, Smart Crackers and Cheese Stick Vegetables Baby Carrots Fruit Craisins Condiments Ranch Packet	14	Lunch Entree Beef Jerky, Cheese Cubes & Cheddar Crackers Vegetables Baby Carrots Fruit Red Apple Condiments Ranch Packet	15	Breakfast Entree Yogurt, Craisins & Granola Parfait Vegetables Baby Carrots Misc. String Cheese Condiments Ranch Packet	16
	20		21		22		23
	27	Lunch Entree Wowbutter & Jelly Sandwich Vegetables Baby Carrots Fruit Craisins Misc. String Cheese Condiments Ranch Packet	28	Lunch Entree Parmesan Garlic Chicken Bites & Cheddar Sun Chips Vegetables Baby Carrots Fruit Red Apple Condiments Ranch Packet	29	Lunch Entree Supper Box: Turkey Slices & Cheese Cubes with Crackers Vegetables Baby Carrots Fruit Sour Strawberry Raisins Condiments Ranch Packet	30

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